Dear South Bay Community,

During this time of uncertainty, we ask that all residents do their best to share verifiable resources and help reduce the spread of false information. Our Region Joint Information System is working in coordination with the Los Angeles County Office of Emergency Management, the Area-G Disaster Management Coordinator, and the Los Angeles County Department of Public Health (LACoDPH) to provide timely, accurate, factual information to our communities.

There have been rumors circulating about the deployment of the California National Guard. As of today, March 20, 2020, no formal request has been made, nor received, by the County of Los Angeles. The South Bay cities continue to work with Los Angeles County within the scope of the Public Health Officer Order and have the resources to support the current needs of our communities.

As a reminder to our communities, you have, and will continue to have access to critical and essential resources. Examples of these essential businesses are:
- grocery stores, markets
- restaurants that are doing take-out, delivery, or drive-thru service
- convenience stores
- pet supply stores
- hardware stores
- gas stations
- laundromats
- plumbers, electricians, auto mechanics
- airlines, taxis, transportation providers

People are reminded to remain calm and not rush local grocery stores or hoard resources. There is no disruption in our supply chains.

**KEYWORDS**

As a reminder, residents are encouraged to register to receive emergency alerts. They can do so by visiting us at www.alertsouthbay.com or by texting your city-specific keyword to 888777. For the latest information from Los Angeles County, please visit www.covid19/lacounty.gov
They are as follows:

- Inglewood: CV19ING
- El Segundo: CV19ES
- Manhattan Beach: CV19MB
- Hermosa Beach: CV19HB
- Redondo Beach: CV19RB
- Hawthorne: CV19HAW
- Torrance: TorranceAlerts
- Gardena: CV19GAR
- Lomita: CV19LOM
- Palos Verdes Estates: CV19PVE
- Rancho Palos Verdes: CV19RPV
- Rolling Hills Estates: COVID19RHE

Information can be found for each local municipality below by following the links provided.

- Manhattan Beach: [https://www.citymb.info/services/learn-about/coronavirus](https://www.citymb.info/services/learn-about/coronavirus)
- El Segundo: [https://content.govdelivery.com/accounts/CAELSEGUNDO/bulletins/281879f](https://content.govdelivery.com/accounts/CAELSEGUNDO/bulletins/281879f)
- Hermosa Beach: [https://www.hermosabeach.gov/coronavirus](https://www.hermosabeach.gov/coronavirus)
- Rolling Hills Estates: [https://www.ci.rolling-hills-estates.ca.us/Home/Components/News/News/885/419](https://www.ci.rolling-hills-estates.ca.us/Home/Components/News/News/885/419)
- Palos Verdes Estates: [https://www.pvestates.org/community/information-on-coronavirus](https://www.pvestates.org/community/information-on-coronavirus)

What You Can Do:

Self-management and personal responsibility are empowering. Staying healthy and safe from contagion is within your control. You can do this by:

- Following the "Safer at Home" public health order. This enforces a simple fact during this crisis: you are safer at home. By staying at home as much as possible you are not only protecting your health, you are making it safer for the people we are depending on (first responders, healthcare workers, grocery and restaurant workers) to continue working.
- Remaining calm, practicing kindness, and looking out for your neighbors;
For those with children, they will remember how you reacted and how their family home felt during this time. They are watching us and learning how to respond to stress and uncertainty.

- Offering help to others, especially those who have been identified as those who are considered to be high risk;
- If you suspect you may have been exposed or are symptomatic, please contact your local health provider first. If you do not have a healthcare provider, please Los Angeles County Department of Public Health by dialing 2-1-1 to get assistance.

For more information on how you can protect yourself please visit:

Los Angeles County Department of Public Health
http://publichealth.lacounty.gov/media/Coronavirus/

California Department of Public Health
https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx

Centers for Disease Control and Prevention (CDC)